



Meeting the therapeutic needs of children and youth in a safe and caring environment, through teamwork and dedication, where youth can successfully remain or return to their home or community.

HOGARES' SERVICES	0-12 YEARS	12-19 YEARS	19-21 YEARS	Adults
Respite Care	•	•		
Mental Health in the Schools	•	•		
Enhanced Outpatient	•	•	•	•
Comprehensive Community Support	•	•	•	
Behavior Management	•	•	•	
Transitional Living		•	•	
Treatment Foster Care	•	•	•	
Residential Treatment		•		

TREATMENT VALUES:

Our focus is children, youth and their families. Through dedicated and trained staff, Hogares continuously strives for state-of-the-art quality programs by offering a broad array of services that are responsive to the community's needs and foster the development of healthy families. The commitment to integrity and high ethical standards is the cornerstone of all decisions and practices.

HOGARES

A helping hand
for youth
and families



Serving New Mexico for more than 35 years, with offices in Bernalillo, Sandoval, Torrance and Valencia Counties.

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A continuing vision for children and their families' future.



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HOGARES

At Hogares, Inc. we know that each child, teen and family has unique needs. As a non-profit mental health agency we provide comprehensive and customized treatment to meet those needs. If we do not have the exact services you request, we will work with you to find the services you desire.

We are committed to helping families by listening, enhancing skills, cultivating self-worth, and instilling hope in a safe, supportive and therapeutic environment. Our goal is to help families achieve their vision for the future.

Serving families for over 35 years.

- respecting family
- honoring culture
- listening to you!

Customized Treatment Designed for Individuals

- ASSESSMENT/DIAGNOSIS/EVALUATION
- RESPITE CARE—Children with severe behavioral problems come to the center part-time and participate in skill-based activities
- MENTAL HEALTH IN THE SCHOOLS—Individual and community support services provided in a child's school
- ENHANCED OUTPATIENT—Intensive individual, group and family therapies using various evidence-based models
- COMPREHENSIVE COMMUNITY SUPPORT—Coordinate and provide services and resources necessary for independent functioning in the community
- BEHAVIOR MANAGEMENT—Providing behavioral training, direction and support to the child and their family in the home and/or in the school
- TRANSITIONAL LIVING—Residential and family settings where youth gain skills necessary to live independently
- TREATMENT FOSTER CARE—Community-based 24-hour treatment in homes of specially trained parents for youth with mental health/behavioral issues
- RESIDENTIAL TREATMENT—24-hour intensive treatment for youth with mental health, behavior and substance abuse problems



Specialized Services

- Substance Abuse Treatment (SAT)
- Moral Reconnection Therapy (MRT)
- Motivational Enhancement Therapy (MET)
- Motivational Interviewing (MI)
- Dialectical Behavioral Therapy (DBT)
- Cognitive Behavioral Therapy (CBT)
- Programs for Sexually Aggressive Youth (SAY)—Nationally Recognized Treatment Models
- Crisis Debriefing
- Home-based and Customized Treatment
- Community Reinforcement Approach (CRA)
- Matrix Model®

Hogares works!

Over 70% of the youth who have been through our programs are living successfully in the community.

